

Here's What You'll Pack:

- 1 jacket
- 1 dress
- 5 tops
- 2 pants
- 1 pair jeans
- 1 pair shoes
- 1 bra
- 3 panties
- 2 pair socks
- snacks



Consider the clothes you are wearing as an extra outfit, therefore make sure they coordinate with your color scheme.

1. Avoid "What Ifs"

Don't pack for the worse case scenario. Check the weather and pack accordingly. If southern Cali is your destination and hasn't had rain in 6 weeks, with none in sight, do your back a favor and leave the rain gear behind.

2. Decide on one color scheme for your wardrobe and stick to it.

Select 2 main colors and 1 accent color. Three colors is all you are allowed. Therefore if your pink skirt is a must bring, be prepared, pink is part of your limited color scheme. *(If it's pink, brown and white everything must coordinate so, don't even think about bringing those black sandals)*

3. Begin packing 48 hours prior to departure.

Use a travel checklist so that you don't forget anything important. Lay everything out on the bed. Check off the things that you have and circle anything you notice is missing. *(Don't be foolish, when staying in a hotel there are a lot of little freebies check ahead and take full advantage of complimentary items, leave your unnecessary travel-minis at home).*

4. **Bundle** pack it.

One of the most effective ways to save space and keep your clothes wrinkle free is to bundle pack. Now that you have taken inventory you are ready to get started packing.

a. You will need a **core item**. It will be your 1 extra pair of shoes (*choose wisely*) and your accessory case. (**Don't** bundle your liquid items you will need to have those accessible for screening. Keep them inside a plastic bag and tucked in the outside pocket of your carry-on).

b. Start by laying flat each of your clothing items, layering one on top of the other. You will use the cross pattern technique. The first item; a jacket laid out flat with arms straight out.

c. The next item; pants are placed on top of jacket but it is laid side ways in the opposite direction of the jacket.

Continue this method of laying each item out, alternating until all clothes are in a neat stack.

d. Next, place your core items in the center of the stack of neatly appointed items. (*Tuck socks into shoes*)

e. Start with the item that is closest to the core, and fold it up and over the core. Then fold the next item neatly around the first item and core. Then repeat with the next item. *Continue this process until you have 1 medium size bundle. (Don't attempt to make creases, that's what cause wrinkles. Smooth items over and around your core).*

f. Place your bundle in a large Ziploc bag and put it into your carry-on.

BONUS TIP: Why purchase pricey luggage tags? Make your own.

You will need:

- 6 - 3x5 cards
- scraps of gift wrap paper
- leftover matching colored ribbon

On one side of 3-3x5 cards print your email address in **BIG BOLD** print, include any other important information you don't mind sharing. Cut out 3-3x5 rectangles from brightly colored leftover gift wrap. Laminate the card and wrapping paper together with one additional card sandwiched in between for thickness. Make 1 for each bag including your purse. Punch 2 holes in the 3'' side of your tag slip knot and secure with matching ribbon. Attach your customized luggage tag to your laptop bag and one to your carry-on. You will place a third one inside your purse in case it is lost.